

Lunch Menu

****We prefer e-transfer as payment to help keep our menu prices lower: etransfer@midtownbistro.ca**

Advise your server of allergies right away and no major modifications, please.
We have less than half our staff due to regulations.
Menu items with  can be made gluten free

Soups & Salads *Served with choice of house-made cornbread; Hot Bread Shoppe focaccia; or Sweet Caroline's herb & cheddar garlic toast.*

Soup of the Day \$8 A bowl of our daily soup with choice of bread.

 **Pear & Goat Cheese Salad \$12** Add Chicken or Prawns **\$6**
Pears, goat cheese, figs, salty/spicy pecans on fresh greens with blueberry vinaigrette featuring OliveUs mango white balsamic vinegar. Served with choice of bread.

Soup and Salad Combo \$12 Small Pear & Goat Cheese Salad with a cup of soup and choice of bread.

Midtown Classics

Chicken Orecchiette Carbonara \$16 Ear-shaped pasta tossed in our house-made Alfredo with chicken breast and topped with Midtown's signature bacon jam, green onions & grilled cherry tomatoes. Topped with Asiago and served with Hot Bread Shoppe focaccia.

 **Midtown's Stir Fry - Double Veg \$15** or Chicken **\$16** or Prawn **\$17** Snap peas, carrots, mushrooms, cabbage, cauliflower, broccoli, bok choy and leeks in our house-made ginger soy sauce with rice pilaf.

 **Butter Chicken \$15 (SPICE LEVEL 3 TO 10)** Our recipe comes from the top Indian chef in the Okanagan. The house-made butter chicken sauce is a blend of Indian spices simmered in a buttery creamy tomato sauce, served with sliced chicken breast on rice pilaf. Comes with naan bread. *Can be made gluten free, just ask your server to substitute naan bread for vegetables.*

Sliders, Sandwiches & Wraps *Served with choice of side: soup, mashed potatoes & gravy, mac n' cheese, coleslaw or \$3 extra for pear & goat cheese salad.*

Thai Chicken Wrap \$16 A large flour tortilla wrap stuffed with chicken in our house-made Thai peanut sauce with lettuce, tomatoes, cucumbers, radishes, peppers, crushed peanuts, green onions, and black sesame seeds.

Chicken Club Wrap \$16 A large flour tortilla wrap stuffed with chicken, lettuce, mixed cheese, bacon jam, tomatoes red onions and pea shoots topped with Midtown dressing.

BLT Sliders \$15 3 toasted buns piled with our house-made bacon jam with lettuce, tomatoes & Midtown sauce.

Cheeseburger Sliders \$17 Add Bacon Jam **\$3**
3 hand pressed patties (featuring Griller's Meats ground beef and pork) with aged cheddar, ketchup & mustard on toasted Sweet Caroline's Bakery buns.

Ultimate Sliders \$18 3 hand pressed patties (featuring Griller's Meats ground beef and pork) topped with mushrooms in a cream sauce, Grass Roots jalapeno Gouda, lettuce, tomatoes and Midtown sauce on on toasted Sweet Caroline's Bakery buns.

Veggie Sliders \$15 3 house-made veggie patties seasoned with curry spice, topped with tomato, lettuce, aged cheddar and Midtown dressing on toasted Sweet Caroline's Bakery buns.

Pulled Pork Sliders \$16 3 toasted buns piled with house-made pulled pork (pre-tossed in our house BBQ sauce), dressed with our house slaw.

Hot Beef Sandwich \$15 "AAA" Alberta beef baked slow & low for 8 hours. All the juices and vegetables get turned into the gravy, that gets smothered on top with fried mushrooms & onion, served on toasted dinner rolls.

Hot Meatloaf Sandwich \$15 Ground beef stuffed with peppers, onions, carrots & cheddar wrapped in Griller's Smoke House bacon topped with fried onions, mushrooms & gravy, served on toasted dinner rolls.